

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Continuous Development in Adult Care

Unit Reference Number: D/652/0852

Level: Five (5)

Credit Value: Three (3)

Minimum Guided Learning Hours: 20

| Learning Outcome (The Learner will): | Assessment Criterion (The Learner can): |
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| 1. Be able to demonstrate commitment to own development, including: | 1.1 Evaluate own knowledge and performance using standards and benchmarks |
| | 1.2 Identify and prioritise own professional development needs and aspirations and implement plans to meet these |
| | 1.3 Create and engage with opportunities for others to provide feedback on own performance across all aspects of role |
| | 1.4 Identify a range of opportunities to support own professional development that reflects own learning style and needs |
| | 1.5 Evaluate how own practice has been improved through: <ul style="list-style-type: none"> a) the implementation of the professional development plan b) reflection on feedback from others c) learning from achievements and adverse events |
| 2. Be able to demonstrate commitment to self-awareness, including: | 2.1 Use feedback and reflective practice to increase own self-awareness |
| | 2.2 Analyse how own values, belief systems and experiences impact own practices |
| | 2.3 Analyse how own emotions affect behaviour and the impact this has on others |

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| 3. Be able to manage own workload effectively, including: | 3.1 Use strategies and tools to plan and identify priorities for work and revise plans when priorities change |
| | 3.2 Use digital technology to enhance own and others' efficiency |
| | 3.3 Facilitate the development of others to enable effective delegation |
| | 3.4 Consider impact on own wellbeing when planning and responding to organisation priorities |
| | 3.5 Plan strategies and support mechanisms to access when workload is difficult to manage |

Assessment Requirements

This unit must be assessed in accordance with Skills for Care & Development assessment principles guidance.

Learning Outcomes 1, 2 and 3 are primarily skill based, and primary evidence throughout the qualification should include observation of direct practice in the workplace in actual person.

It is acknowledged that remote observations could be used in appropriate circumstances, as an approach to enrich, enhance and triangulate main direct observations which have been carried out. Remote observations should not be planned and used as the primary approach. Safe and reliable approaches to use of remote technologies in the assessment process must be agreed with Open Awards prior to use. This should include how the privacy, dignity and confidentiality of any individual will be protected and robust evidence recording protocols.

Indicative Content

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| LO1 | <p>AC1.1 Standards: may include codes of practice, regulations, minimum standards, national occupational standards.</p> <p>Benchmarks: may include but not limited to:</p> <ul style="list-style-type: none"> • regulatory standards • organisation benchmarks • sector and specialist specific frameworks • own development plan. <p>AC1.3 Others: in this context, others might include:</p> <ul style="list-style-type: none"> • carers, loved ones, family, friends of those accessing care and support services • colleagues and peers • team members • managers and supervisors • professionals from other services |
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- volunteers.

AC1.4

Range of opportunities: may include:

- formal or informal support
- supervision, appraisal, mentoring, peer support
- opportunities within and outside the organisation
- different types of learning and ways to achieve
- self-led and directed learning opportunities.

AC1.5

Adverse events: an incident or disruption with associated risks which could lead to unexpected, unintended and preventable harm to others.