

# Qualification Unit

This unit forms part of a regulated qualification.

**Unit Title:** Choice and Independence in Adult Care

**Unit Reference Number:** R/652/0796

**Level:** Three (3)

**Credit Value:** Two (2)

**Minimum Guided Learning Hours:** 14

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to promote <b>individuals'</b> rights to make choices	1.1 Support individuals to make informed choices and decisions
	1.2 Establish <b>informed consent</b> when providing care and support
	1.3 Use support mechanisms and guidance to support the individual's right to make choices
	1.4 Work with individuals to manage risk in a way that maintains and promotes the individual's right to make choices
2. Be able to promote individuals' independence	2.1 Involve individuals in their care and support
	2.2 Support individuals to recognise their strengths and their abilities to gain confidence to self-care
	2.3 Identify a range of <b>technologies</b> that support or maintain individual's independence
3. Understand the role of risk assessments in promoting person-centred approaches, choice, and independence	3.1 Explain how risk assessments can be used to promote and enable individuals' choice, independence and right to take risks
	3.2 Describe the different <b>risk assessments methods</b> that can be used in different situations and own role within these

- 3.3 Explain risk assessment reviews, including:
- a) why is it important to review and update individuals' risk assessments
  - b) when individuals' risk assessments should be reviewed and updated
  - c) who should be involved in the review and update of individuals' risk assessments

## Assessment Requirements

This unit must be assessed in accordance with Skills for Care & Development assessment principles guidance.

This is a knowledge and skill-based unit.

Knowledge evidence may be generated outside of the work environment, but the final assessment and decision must show application of knowledge within the real work environment.

Learning Outcomes 1 and 2 are skill based, and primary evidence should include observation of direct practice in the workplace.

Due to the nature of this unit, e.g. direct practice in providing care and support to individuals, this observation should be in actual person and not carried out remotely.

## Indicative Content

<b>LO1</b>	<p><b>Individual:</b> a person accessing care and support. The individual, or individuals, will normally refer to the person or people that the learner is providing care and support for.</p> <p><b>AC1.3</b>  <b>Informed consent:</b> where an individual, with capacity to consent, voluntarily agrees to an action or decision based on awareness and understanding of risks, benefits, and alternatives.</p>
<b>LO2</b>	<p><b>AC2.3</b>  <b>Technologies:</b> learners should consider smart home and assistive technologies, robotics and AI integration, digital tools and applications, remote health monitoring and cognitive support technologies.</p>
<b>LO3</b>	<p><b>AC3.2</b>  <b>Risk assessment methods:</b> in line with organisational policies, procedures, and practices.</p>