Changing lives through learning

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Person-centred Practice in Adult Care

Unit Reference Number: L/652/0794

Level: Three (3)

Credit Value: Two (2)

Minimum Guided Learning Hours: 14

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the application of person-centred practices in care settings	1.1 Describe how **person-centred values** can be applied in a range of situations
	1.2 Describe how to effectively build relationships with individuals
	1.3 Explain how and why person-centred values and strength-based approaches must influence all aspects of care work
	1.4 Explain how to use a range of **care plans**, relevant **digital social care records (DSCRs) and other resources** to apply person-centred values and strengths-based approaches
	1.5 Explain how the **active participation** of **individuals** and **others** in care planning promotes person-centred values and **strength-based approaches** to meet the holistic needs of an individual, now and in planning for their futures
	1.6 Describe how to seek feedback to support the delivery of person-centred care in line with roles and responsibilities
	1.7 Explain how to support an individual to question or challenge decisions concerning them that are made by others
2. Understand the importance of individuals' relationships	2.1 Identify the different people and relationships that may be important to individuals, including intimate or sexual relationships

The intellectual property rights remain with Open Awards.

	2.2	Explain the impact maintaining and building relationships can have for individuals
	2.3	Explain own role in supporting individuals to maintain and build relationships
3. Be able to work in a person-centred way	3.1	Work with an individual and others to establish and understand the individual's history, preferences, wishes, strengths and needs
	3.2	Work with individuals to identify how they want to actively participate in their care and support, considering their **history, preferences, wishes, strengths, and needs**
	3.3	Be responsive to individuals' changing needs or preferences and adapt actions and approaches accordingly
	3.4	Demonstrate respect for individuals' lifestyle, choices and relationships
	3.5	Promote understanding and application of active participation amongst others

Assessment Requirements

This unit must be assessed in accordance with Skills for Care & Development assessment principles guidance.

This is a knowledge and skill-based unit.

Knowledge evidence may be generated outside of the work environment, but the final assessment and decision must show application of knowledge within the real work environment.

Learning Outcome 3 is skill based, and primary evidence should include observation of direct practice in the workplace.

Due to the nature of this unit, e.g. direct practice in providing care and support to individuals, this observation should be in actual person and not carried out remotely.

Indicative Content

LO1	**AC1.1** **Person centred values:** including individuality, rights, choice, privacy, independence, dignity, respect, partnership. **AC1.4** **Care plans, digital social care records (DSCRs) and other resources**: A care plan may be known by other names such as a support plan or individual plan and are central to providing person-centred care. Digital care plans are used in place of, or alongside paper-based records. These are often part of the Digital Social Care Record (DSCR) which help ensure that information is up-to-date,

The intellectual property rights remain with Open Awards.

	securely stored and easily accessible to the appropriate persons. In addition to care plans and digital care plans, other resources that support person-centred care may include: • one-page profiles • advanced care plans • assessments from other organisations • information from family, carers and others. These resources, paper based and/or digital contribute to a full picture of the individual's needs and support safe, coordinated and high-quality care. **AC1.5** **Active participation:** a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient. **Individual:** a person accessing care and support. The individual, or individuals, will normally refer to the person or people that the learner is providing care and support for. **Others:** others may include team members, other colleagues, those who use or commission their own health or social care services, families, carers and advocates. **Strengths-based approaches:** also referred to as 'asset-based approaches. This approach focuses on individuals' strengths, resources and what they are able to do themselves to keep well and maintain independence.
LO3	**AC3.2** **History, preferences, wishes, strengths, and needs:** these may be based on experiences, desires, values, beliefs, or culture and may change over time.

The intellectual property rights remain with Open Awards.