

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Applied Equine Therapy

Unit Reference Number: H/651/7461

Level: Five (5)

Credit Value: 30

Minimum Guided Learning Hours: 70

The primary aim of this unit is:

- To link theoretical study to practical application
- To provide the foundations of a practical therapeutic hands-on skill base

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):	
1. Understand equine therapy assessments and treatments	1.1	Prepare a detailed clinical history of two case study horses
	1.2	Review the Equine Health Professional's clinical assessment of the case study horses
	1.3	Analyse the proposed treatment programmes with the Equine Health Professional
	1.4	Assess the treatment administered by the Equine Health Professional
2. Be able to apply appropriate manual therapy techniques	2.1	Analyse contraindications for massage techniques
	2.2	Apply massage
	2.3	Apply myofascial release
	2.4	Apply trigger point release
	2.5	Apply panniculus reflex techniques

3. Be able to use appropriate stretch exercises and mobilisation techniques	3.1	Analyse contra-indications for stretch techniques
	3.2	Apply hands-on and hands-off stretches for the limbs and vertebral column
	3.3	Apply hands-on joint mobilisations
	3.4	Assess the role of dynamic exercises in stretching and joint mobilisation
4. Be able to select appropriate massage machines and demonstrate their correct use	4.1	Analyse contraindications for use of massage machines
	4.2	Apply massage therapy with a massage machine

Indicative Content	
LO1	<p>AC 1.1 Could include client confidentiality and consent, horse's breed, size, build, age, gender, management regime, exercise/work regime, clinical history, veterinary surgeon's diagnosis.</p> <p>AC 1.2 Could include liaison with veterinary surgeon, questionnaire, and discussion.</p> <p>AC 1.3 Could include the proposed treatment regime and the rationale for this.</p> <p>AC 1.4 Could include observation, discussion, video, photographic.</p>
LO2	<p>AC 2.1 Could include contraindications, health status, acute injury, open wounds.</p> <p>Could also include hands on soft tissue mobilisation techniques:</p> <ol style="list-style-type: none"> 1. Massage 2. Myofascial release 3. Trigger point release 4. Panniculus reflex techniques
LO3	<p>AC 3.1 Could include contraindications, health status, acute injury, open wounds.</p> <p>AC 3.2 Could include hands-on and hands-off stretch and joint mobilisation techniques.</p>
LO4	<p>AC 4.1 Could include contraindications, health status, acute injury, open wounds.</p> <p>AC 4.2 Could include massage machines e.g. Equissage, handheld, massage pads.</p>