

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Equine Manual Therapies and Practice

Unit Reference Number: J/651/4942

Level: Four (4)

Credit Value: 20

Minimum Guided Learning Hours: 70

The primary aim of this unit is:

- To promote the learners' safe and effective handling of horses, with an awareness of the inherent risks
- To provide an overview and understanding of the different manual therapies which can be used to treat the equine patient

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to promote health, safety and welfare when handling horses and during the application of therapeutic procedures	1.1 Explain how to handle horses including young, nervous and 'difficult' horses
	1.2 Evaluate a range of methods of restraint
	1.3 Trot a horse up for veterinary inspection
	1.4 Demonstrate correct positioning of self and horse during the application of therapeutic procedures
2. Understand the principles of use of certain therapeutic modalities for the restoration and maintenance of mobility, locomotor function and performance in the horse	2.1 Distinguish between a range of manual therapies
	2.2 Evaluate the benefits of a range of hands-on massage techniques
	2.3 Explain the benefits of stretch exercises
	2.4 Discuss the efficacy of a range of massage therapy aids and equipment
3. Understand contraindications in the use of certain therapeutic modalities	3.1 Evaluate contraindications of a range of manual therapy techniques

	3.2	Evaluate contraindications associated with the use of <ul style="list-style-type: none"> a) Stretch exercises b) Massage machines
4. Be able to demonstrate methods of manual therapy used in the treatment of horses	4.1	Demonstrate assessment of a horse to identify appropriate manual therapy requirements
	4.2	Demonstrate safe and effective use of: <ul style="list-style-type: none"> a) Massage techniques b) Stretch exercises c) Massage machines

Mandatory Content

LO1	<p>AC 1.1 Must include: Health and safety of individuals involved and the horse. Handling horses appropriately. Awareness of horses' temperaments. Promote welfare of the horse at all times.</p> <p>AC 1.2 Must include evaluation of the use of a range of restraints including twitch, chifney, sedation and skin pinch.</p> <p>AC 1.3 Must include: safety, equipment, method for veterinary inspection.</p> <p>AC 1.4 Must include demonstrating an awareness of own safety.</p>
LO2	<p>AC 2.1 Must include: aims of different types of manual therapy.</p> <p>AC 2.2 Must include: theoretical study and demonstration of hands-on techniques – manipulation, massage, myofascial release, trigger point release, soft tissue mobilisation, joint mobilisation.</p> <p>AC 2.3 Must include: stretches for the limbs and vertebral column.</p> <p>AC 2.4 Must include: commercially available massage machines.</p>
LO3	<p>AC 3.1 Contraindications must include: reasons why a therapeutic modality should not be applied.</p>
LO4	<p>AC 3.1 Must include: discussion with client, client history, visual and physical assessment of the horse</p> <p>AC 3.2 Learner must demonstrate the following:</p> <ul style="list-style-type: none"> • Select appropriate personal protective equipment and use it correctly • Demonstrate safe and effective positioning and handling. • Demonstrate awareness of the animal's safety and adapt or alter the environment to ensure compliance. • Demonstrate awareness of the owner/handler's safety, adapting or altering the environment to ensure compliance • Hands on massage techniques]; Specific stretches, soft tissue mobilisation, joint mobilisation; • Massage machines.