

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Health, Safety, and Principles of Basic Life Support

Unit Reference Number: H/651/0288

Level: Two (2)

Credit Value: Three (3)

Minimum Guided Learning Hours: 24

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand own responsibilities, and the responsibilities of others, relating to health and safety in the work setting	1.1 Outline legislation relating to general health and safety in an adult social care working setting
	1.2 Outline the main points of the health and safety policies and procedures agreed with the employer
	1.3 Explain the main health and safety responsibilities of: <ul style="list-style-type: none"> a) self b) the employer or manager c) others in the work setting
	1.4 Identify tasks relating to health and safety that should not be carried out without special training
	1.5 Explain how to access additional support and information relating to health and safety
	1.6 Identify a range of sustainable approaches which can be applied in own role
2. Understand Risk Assessment	2.1 Describe why it is important to assess the health and safety risks posed by work settings, situations, or activities
	2.2 Outline how and when to report health and safety risks in the workplace
3. Be able to move and assist safely	3.1 Outline key pieces of legislation that relate to moving and assisting

	3.2 Identify tasks relating to moving and assisting you are not allowed to carry out until they are competent
	3.3 Demonstrate how to move and assist people and/or objects safely, maintaining the individual's dignity, and in line with legislation and agreed ways of working
4. Understand procedures for responding to accidents, sudden illness and providing basic life support	4.1 Outline different types of accidents and sudden illness that may occur in the course of your work
	4.2 Outline the workplace procedures to be followed if: <ul style="list-style-type: none"> a) an accident b) a sudden illness should occur c) basic life support is required.
	4.3 Outline the emergency basic life support and first aid actions you are and are not allowed to carry out in your role
5. Understand medication and healthcare tasks	5.1 Outline agreed ways of working in relation to: <ul style="list-style-type: none"> a) medication in the setting b) healthcare tasks.
	5.2 Identify tasks relating to medication and health care procedures that you must not carry out until you are competent
6. Be able to handle hazardous substances	6.1 Identify common hazardous substances in the workplace
	6.2 Demonstrate safe practices for storing, using, and disposing of hazardous substances
7. Know how to promote fire safety	7.1 Outline how to prevent fires from starting or spreading
	7.2 Describe what to do in the event of a fire
8. Know how to work safely and securely	8.1 Outline the measures that are designed to protect your own safety and security at work, and the safety of those you support
	8.2 Outline agreed ways of working for checking the identity of anyone requesting access to premises or information
9. Know how to manage own mental health and personal wellbeing	9.1 Outline common factors that can affect own mental health and wellbeing
	9.2 Identify circumstances that tend to trigger these factors in self

9.3 Identify the resources which are available to support own mental health and wellbeing

9.4 Explain how to access and use the available resources which are available to support own mental health and wellbeing

Indicative Content

LO1 **Legislation:** Could include

- Health and Safety at Work Act 1974 (HSWA)
- Manual Handling Operations Regulations 1992 (MHOR)
- The Management of Health and Safety at Work Regulations 1999
- Provision and Use of Work Equipment Regulations 1998 (PUWER)
- Lifting Operations and Lifting Equipment Regulations 1998 (LOLER).

Policies and procedures: May include other agreed ways of working as well as formal policies and procedures.

Others: In this context could include:

- individuals accessing care and support services
- carers, loved ones, family, friends of those accessing care and support services
- colleagues and peers
- professionals visiting the work setting
- visitors to the work setting.

Sustainable approaches: Human, social, economic and environmental considerations e.g., eco-friendly approaches, appropriate reuse of items and reduction of waste, recycling and efficient use of resources. Adherence to relevant workplace initiatives, policies and procedures where these exist and local/national priorities and also encouraging and supporting individuals who access care and support to live in a more sustainable way could also be considered by the learner.

LO2 **Reporting:** In line with agreed ways of working within the setting and could include verbal, written and electronic systems.

LO3 **Tasks:** may include

- use of equipment
- basic life support and first aid
- medication
- healthcare procedures
- food handling and preparation

Moving and assisting May also be known “moving and positioning” in adult social care. Individual: A person accessing care and support. The individual, or individuals will normally refer to the person of people that the learner is providing care and support to.

Agreed ways of working: These will include policies and procedures, job descriptions and less formal agreements and expected practices.

LO4 **Learning Outcome 12.4:** Achievement of this learning outcome does not enable learner competency in being able to respond safely to basic life support or first aid situations. It is the employer’s statutory responsibility to determine workplace needs and provide the appropriate level of training. When basic life support training is provided by the employer then this should meet the UK (United Kingdom) Resuscitation Council guidelines.

LO5 **Agreed ways of working:** These will include policies and procedures, job descriptions

and less formal agreements and expected practices.

Healthcare tasks and healthcare procedures: This may include reference to workplace guidance for carrying out Delegated healthcare tasks and other clinical type procedures carried out as part of the individual's care or support plan.

LO6 **Agreed ways of working:** These will include policies and procedures, job descriptions and less formal agreements and expected practices.

Own: Relates to the learner undertaking this qualification.

Wellbeing: Is a broad concept referring to a person's quality of life. It considers health, happiness, and comfort. It may include aspects of social, emotional, cultural, mental, intellectual, economic, physical, and spiritual well-being.

LO8 **Agreed ways of working:** These will include policies and procedures, job descriptions and less formal agreements and expected practices.

LO9 **Criteria 9.4** should include how the learner can access the support available to them in the workplace.

Assessment Guidance

Assessment decisions for skills-based learning outcomes must be made during the learner's normal work activity. Skills-based assessment must include direct observation as the main source of evidence and must be carried out over an appropriate period of time.

Criteria 3.3: Some learners may not be employed in settings where moving and handling of individuals is required. Other evidence to show that the learner would be able to do is permissible. The learner is expected to demonstrate safe moving and handling of objects within normal work activity.

Any knowledge evidence integral to skills-based learning outcomes may be generated outside of the work environment, but the final assessment decision must show application of knowledge within the real work environment.