

Open Awards

Quality Endorsed Unit



This unit does not form part of a regulated qualification.

1 Unit Details

Unit Title:	Solution-Focused Brief Therapy
Unit Code:	GC4/3/WR/002
Level:	3
Credit Value:	1

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know the background and development of solution focused approaches	1.1 Compare and contrast solution-focused, asset-based approaches with problem-focused, deficit-based approaches
	1.2 Identify and summarise the atheoretical development of solution-focused brief therapy
2. Understand the key principles underpinning solution-focused approaches	2.1 Summarise the GEMS structure as an intervention framework for solution-focused sessions
	2.2 Summarise the GEMS structure as an essential element for solution-focused approaches
	2.3 Analyse and GEMS code a case study
3. Be able to identify appropriate solutions and opportunities to apply solution focused-informed techniques in work with clients	3.1 State assessment criteria for solution focus-informed intervention appropriate to work scenarios
4. Know when not to use the solution-focused brief therapy approach	4.1 Explain when solution-focused brief therapy should not be used