

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Strength-Based Approaches to Youth Work Practice

Unit Reference Number: R/650/4488

Level: Four (4)

Credit Value: Five (5)

Minimum Guided Learning Hours: 30

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand strengths-based approaches, and the application of the same in Youth Work practice	1.1 Explore what is meant by strength-based practice
	1.2 Define Youth Work and identify how strength-based approaches align with Youth Work principles and purpose
	1.3 Evaluate several strength-based approaches
2. Be able to evaluate the theory of Positive Psychology and reflect on its contribution to strength-based approaches	2.1 Reflect on the development of Positive Psychology theory
	2.2 Analyse the impact of Positive Psychology on traditional approaches in the discipline and influence
3. Understand and reflect on the importance of a strength-based relationship and the knowledge and skillset required for its practice in Youth Work	3.1 Explore the components and importance of a strength-based relationship in Youth Work practice
	3.2 Describe the key knowledge and skillset needed for establishing and cultivating a strength-based relationship in Youth Work practice
4. Be able to evaluate own practice and approaches, the importance of SELF, self-awareness and the purposeful "use of self" in cultivating strength-based practice in Youth Work	4.1 Explain the purposeful use of "Self" in youth work practice
	4.2 Examine self-awareness and its importance in practice

4.3 Summarise required development actions to improve own a.) knowledge, b.) skills and c.) self-awareness in the development of strength-based practice