

# Open Awards Qualification Unit



This unit forms part of a regulated qualification.

## 1 Unit Details

Unit Title:	Load and Unload Physical Resources
Unit Reference Number:	L/618/8387
Level:	2
Credit Value:	3
Minimum GLH:	23

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand how to load and unload physical resources safely and effectively.	1.1 Summarise the requirements of legislation that applies to manual handling when loading and unloading physical resources.
	1.2 Explain how to assess loads to determine the most effective method of lifting and moving.
	1.3 Outline loading and unloading requirements for transportation including: <ul style="list-style-type: none"> <li>• Positioning</li> <li>• Stacking</li> <li>• Weight</li> <li>• Of loads</li> </ul>
	1.4 Explain why and how resources are labelled for transportation.
	1.5 Describe safe lifting and carrying techniques for moving physical resources.
	1.6 Explain methods of securing loads for transport that maintain safety and minimise damage.
	1.7 Explain methods for the safe stacking and packaging of products and resources.
2. Be able to load and unload physical resources safely and effectively.	2.1 Assess the load to be moved.
	2.2 Determine the most effective lifting method for the load.
	2.3 Lift the load, in line with manual handling guidelines and relevant health and safety legislation and guidelines.

	2.4	Move the load safely and appropriately, in accordance with guidelines and instructions.
	2.5	Position resources safely and appropriately in a manner that protects them from damage and contamination.
3. Be able to select and use appropriate equipment safely when loading and unloading physical resources.	3.1	Select appropriate equipment for the resources to be loaded and unloaded.
	3.2	Check that equipment is safe and prepared for use.
	3.3	Use appropriate equipment safely and in line with relevant health and safety legislation, guidelines, training and manufacturers' instructions
4. Be able to maintain and store equipment safely and effectively.	4.1	Safely carry out routine maintenance tasks on equipment used to load and unload physical resources.
	4.2	Describe appropriate methods for protecting physical resources from contamination and adverse weather conditions.
	4.3	Store equipment safely in ways that protect it from damage and minimise risks to others.
	4.4	Report equipment damage and defects to appropriate individuals in a timely fashion.
5. Be able to work safely and in ways that minimise environmental damage when loading and unloading physical products.	5.1	Follow relevant health and safety legislation and guidelines in the loading and unloading of physical resources.
	5.2	Dispose of all waste appropriately and in line with environmental guidelines and codes of practice.
	5.3	Work in ways that minimise environmental impacts when loading and unloading physical resources.