

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Loneliness and Isolation for Young People – Basic Youth Work Approaches

Unit Reference Number: Y/618/6402

Level: Two (2)

Credit Value: Three (3)

Minimum Guided Learning Hours: 30 + 5 hours for independent research and assessment

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand what is meant by youth loneliness and isolation	1.1 Define youth loneliness and isolation
	1.2 Identify different ways in which young people experience loneliness and isolation
	1.3 Outline the impact of different contexts for youth loneliness and isolation
	1.4 Outline the different causes and consequences of youth loneliness and isolation
2. Understand how to address youth loneliness and isolation in youth work settings	2.1 Identify why it is important to tackle youth loneliness and isolation
	2.2 Describe ways in which youth workers identify issues of youth loneliness and isolation
	2.3 Outline the importance of having evidence to inform work on loneliness and isolation
	2.4 Identify different assessment tools to gather evidence of youth loneliness and isolation
	2.5 Identify the importance of challenging assumptions and stereotypes about youth loneliness and isolation
3. Be able to co-design and facilitate a youth work project focussing on loneliness and isolation	3.1 Outline the key elements required to address youth loneliness and isolation including involving young people as co-designers and co-facilitators

	3.2 Identify different ways to tackle youth loneliness and isolation
	3.3 Co-design a programme of youth work activities addressing youth loneliness and isolation
	3.4 Co-facilitate a programme of youth work activities addressing youth loneliness and isolation
4. Understand own practice and approaches to tackling youth loneliness and isolation	4.1 Assess project activity with colleagues
	4.2 Reflect on activity and own positive and negative contribution to it.
	4.3 Describe required development actions to improve own knowledge, skills and understanding