

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Understanding the Recovery Process
Unit Reference Number:	L/618/2525
Level:	3
Credit Value:	3
Minimum GLH:	21

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the UK Drug Policy Commission 'Vision of Recovery'	1.1 Define the term "recovery" in the context of substance misuse and discuss difference concepts of recovery
2. Understand the importance of 'Recovery Capital'	2.1 Describe what is meant by social, physical, human and cultural capital
	2.2 Explain the importance of service users building their 'Recovery Capital'
	2.3 Discuss the 'Recovery Capital/Problem Severity Matrix'
3. Understand the relationship between hope, choice, freedom and aspiration to recovery	3.1 Describe how hope, choice, freedom and aspiration contribute to a service user's recovery
4. Understand the importance of community assets as part of recovery	4.1 Summarise what Asset-Based Community Development is and its relationship to recovery
	4.2 Summarise the '5 Ways to Wellbeing' and its' relationship to community and recovery
5. Understand the role of Recovery Champions	5.1 Describe the role of strategic, therapeutic and community Recovery Champions in supporting recovery
6. Understand the role of families/carers	6.1 Summarise the role families/carers can play in supporting recovery
7. Understand the role of mutual aid and peer support	7.1 Define the terms "Mutual Aid" and Peer Support" and give examples of each

7.2	Describe the benefits of mutual aid/peer support
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7.3	Compare and contrast two different models of mutual aid
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Indicative Content	
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LO 5	AC 5.1 learners should be highlighting three roles as part of their assessment.
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LO 6	AC 6.1 learners should be considering strategic reasons for family/carers role within the process eg how this could support commissioning / evaluating service delivery. Learners should also consider the therapeutic effect a loved one's support.
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