

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Support Young People's Transition to Independence

Unit Reference Number: D/618/1878

Level: Three (3)

Credit Value: Two (2)

Minimum Guided Learning Hours: 12

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the way that young people move from dependence to independence	1.1 Explain how independence is relative to each individual young person's stage of development, level of understanding and ability
	1.2 Describe the reasons why some young people may find it difficult to move to independence
	1.3 Explain the reasons why independence should be a staged process
2. Understand how to support young people to prepare for the practical challenges of independence	2.1 Identify a range of potential practical challenges to individual independence
	2.2 Explain the purpose and reasons for development plans for young people's transition to independence
	2.3 Work with a young person to identify their skills and areas for development for independent living
3. Understand how to prepare young people for the emotional challenge of independence	3.1 Describe emotional challenges that may be experienced by young people as they move towards independence
	3.2 Identify ways to support young people to develop emotionally in moving towards independence to include: <ul style="list-style-type: none"> a) Interpersonal skills b) Resilience skills c) Reducing transition anxiety

<p>4. Be able to prepare young people to assess personal risks and protect themselves</p>	<p>4.1 Analyse the range of risks for young people transitioning to independence</p> <hr/> <p>4.2 Communicate to young people how to assess risks in day to day situations</p>
<p>5. Understand how to support young people's information and guidance needs when moving toward independence</p>	<p>5.1 Identify the range of support services and systems available to young people moving towards independence, locally and nationally</p> <hr/> <p>5.2 Provide young people with information, guidance and advice to support their transition to independence</p>