

## Qualification Unit

This unit forms part of a regulated qualification.

**Unit Title:** Supporting Wellbeing in Own Organisation

**Unit Reference Number:** J/618/1356

**Level:** 4

**Credit Value:** 4

**Minimum Guided Learning Hours:** 25

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand their role in contributing towards the mental health and wellbeing of their staff (and service users if appropriate)	1.1 Review the importance of a mental health friendly manager or leader in contributing to culture and ethos
	1.2 Reflect on the qualities of a mental health friendly manager or leader
	1.3 Identify own developmental needs and actions they can take to address these needs
2. Understand the priorities of mental health and wellbeing within their organisation	2.1 Participate in or undertake a review of mental health and wellbeing in their organisation/team
	2.2 Produce an action plan for the priorities of mental health and wellbeing in their organisation/team
	2.3 Assess the impact of any changes they have made
3. Understand how individuals, services and partner organisations may contribute to the culture and wellbeing of their staff	3.1 Review the role of colleagues, services or potential partner organisations that could contribute towards the culture or wellbeing of staff and service users if appropriate
	3.2 Reflect on how they work with others to improve and sustain their approach