

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Mentoring with Coaching

Unit Reference Number: D/617/9905

Level: Level Three (3)

Credit Value: Four (4)

Minimum Guided Learning Hours: 12

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know how to meet the expectations of a workplace environment	1.1 Identify the expectations of the individual's workplace 1.2 Describe how they selected a mentoring or coaching approach to help an individual meet the current or future expectations of their role
2. Understand how mentees can be affected by relationship, emotional and mental health difficulties	2.1 Give examples of theories relating to the social, emotional and mental health needs of an individual 2.2 Reflect on the effectiveness of own role in relation to supporting mentees with relationship, emotional or mental health problems 2.3 Identify other forms of support which may be more appropriate to a mentee
3. Understand how to support the needs of the individual	3.1 Describe approaches for engaging effectively with different staff 3.2 Describe how they have used a coaching approach to help an individual address a performance issue 3.3 Describe how they used a mentoring approach to help an individual to overcome a difficulty in the workplace environment 3.4 Describe how they made an individual feel safe before they gave them feedback

3.5 Assess how they made decisions about selecting a mentoring or coaching approach