

Quality Endorsed Unit

This unit does not form part of a regulated qualification.

Unit Title: Motivational Interviewing: Developing Practice Skills

Unit Reference Number: PR3/4/WR/001

Level: 4

Credit Value: 6

Minimum Guided Learning Hours: 38

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand how the spirit of Motivational Interviewing may be applied in the workplace	1.1 Summarise the spirit of Motivational Interviewing
	1.2 Evaluate how and when the spirit of Motivational Interviewing could be used in the workplace / with service users
2. Be able to apply the Four Tasks (Processes) of Motivational Interviewing: Engaging and Exploring; Focusing; Guiding and Evoking; and Preparing and Planning	2.1 Describe the Four Tasks (Processes) as stand-alone elements of Motivational Interviewing and explain their interconnectivity in practice
	2.2 Demonstrate the application of the Four Tasks (Processes)
3. Be able to apply Motivational Interviewing's core skills: Open Questions, Affirmations, Reflections and Summaries (OARS)	3.1 Describe the Four Core Skills of Motivational Interviewing as stand-alone elements and explain their interconnectivity in practice
	3.2 Demonstrate the application of the Four Core Skills. The evidence should include self-reflection, peer feedback and observation
4. Understand when Motivational Interviewing would be the most useful approach	4.1 Compare Motivational Interviewing with other person focused approaches employed in the workplace
	4.2 Evaluate the potential efficacy and suitability of employing Motivational Interviewing in a range of scenarios

5. Reflect on your own personal strengths and areas for improvement of Motivational Interviewing practice	5.1 Evaluate your own Motivational Interviewing style
	5.2 Develop a personal Motivational Interviewing development plan