Changing lives through learning

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Life Mentoring

Unit Reference Number: A/617/5974

Level: Level Three (3)

Credit Value: Four (4)

Minimum Guided Learning Hours: 12

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know how to meet the expectations of different environments	1.1 Identify the expectations of different environments
	1.2 Describe how to adapt approach to help a mentee to meet the expectations of their current or future environment
2. Understand how mentees can be affected by relationship, emotional and mental health difficulties	2.1 Give examples of theories relating to the relationship, emotional and mental health needs of their mentee
	2.2 Reflect on the effectiveness of own role in relation to supporting mentees with social, emotional or mental health problems
	2.3 Identify other forms of support which may be more appropriate to a mentee
3. Understand how to support the individual needs of a mentee	3.1 Describe approaches for engaging effectively with different mentees
	3.2 Describe how to use technical mentoring to help a mentee overcome a difficulty in their area of specialism
4. Understand the effect of a mentee's mindset	4.1 Identify different types of mindset they may come up against in their role as a mentor
	4.2 Assess how they have adapted their approach with a mentee to help them have a different outlook on a 'negative' situation

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