

# Open Awards Qualification Unit



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## 1 Unit Details

Unit Title:	Developing Independent Living Skills: Being Healthy
Unit Reference Number:	M/616/1604
Level:	Entry 1
Credit Value:	2
Minimum GLH:	20

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be involved in keeping themselves healthy	1.1 Take part in activities that contribute to keeping themselves healthy