

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Counselling Theories
Unit Reference Number:	H/615/9848
Level:	Level 2
Credit Value:	3
Minimum GLH:	24

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know the main approaches to counselling	1.1 Describe a minimum of 3 different approaches to counselling to include: <ul style="list-style-type: none"> a) History b) Underpinning theory c) Approach d) Influential figure(s) e) Development
	1.2 Compare a minimum of 2 approaches to counselling
	1.3 Understand and apply one main counselling model
2. Know the historical background and development of counselling	2.1 Describe or discuss key developments in counselling to include: <ul style="list-style-type: none"> a) Any influential figures b) The historical context
3. Be able to present on a chosen counselling approach	3.1 Research a specific counselling theory
	3.2 Plan and prepare a presentation on a chosen counselling theory
	3.3 Deliver prepared presentation

3.4 Collate feedback and comment on own performance and presentation