

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Sex and Relationship Education

Unit Reference Number: Y/615/8079

Level: One (1)

Credit Value: Three (3)

Minimum Guided Learning Hours: 27

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand a range of relationships, sexuality and family lifestyles	1.1 Outline at least three examples of different types of relationships and sexuality
	1.2 State how they are different
	1.3 Suggest how cultural and individual differences may impact upon relationships
2. Understand the qualities and attributes which help individuals form positive consensual relationships	2.1 Give examples of qualities and attributes which help people form positive consensual relationships
3. Understand that individuals have rights and responsibilities within a relationship	3.1 Give examples of different rights and responsibilities within a relationship
4. Understand elements of the law in relation to sex and sexuality	4.1 State the legal issues in relation to age of consent, marriage, cohabitation and abuse
5. Understand how the body works in relation to sexual activity	5.1 Name and label given body parts
	5.2 Comment on how the body functions during sexual activity
6. Understand the range and purpose of male and female contraception methods	6.1 Give at least three examples of contraception and their purpose
	6.2 Identify which methods protect against sexually transmitted infections
7. Be aware of the agencies able to give help, advice and treatment on contraceptive and sexual health	7.1 Identify a range of agencies able to give help and advice on contraception and sexual health
	7.2 Outline the help they provide