

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Sewing Skills
Unit Reference Number:	L/615/8113
Level:	Level 1
Credit Value:	3
Minimum GLH:	27

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to perform basic hand sewing techniques	1.1 Identify a range of tools and equipment used in basic garment construction for: <ul style="list-style-type: none"> a) Marking b) Measuring c) Pinning d) Cutting e) Stitching f) Pressing
	1.2 Select appropriate fabrics and threads for hand sewing
	1.3 Use a range of hand stitching techniques, including: <ul style="list-style-type: none"> a) Basic tacking stitch b) Diagonal tacking stitch c) Tailors' tacking stitch d) Hemming stitch e) Back stitch f) Button stitch g) Buttonhole stitch
2. Be able to use a sewing machine	2.1 Demonstrate bobbin winding
	2.2 Thread a sewing machine

	2.3	Demonstrate a variety of machine stitch types
	2.4	Demonstrate use of an overlocker to produce seam finishes
3. Be able to construct a simple sewn artefact	3.1	Use appropriate sewing techniques to construct a simple sewn artefact
4. Know about Health and Safety issues	4.1	Identify and Health and Safety procedures in relation to garment construction and workplace areas