

# Qualification Unit

This unit forms part of a regulated qualification.

**Unit Title:** Meeting Special Dietary Needs

**Unit Reference Number:** R/615/8520

**Level:** Level One (1)

**Credit Value:** Two (2)

**Minimum Guided Learning Hours:** 18

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know the special dietary needs of different groups	1.1 State why some people have special dietary needs
	1.2 Give examples of groups of people with special dietary needs
	1.3 Identify the special dietary needs of specified groups of people
2. Know how to meet the needs of people with special dietary needs	2.1 Identify suitable foods for a given individual with special dietary needs
	2.2 Identify relevant dietary information on food labels for dietary information
	2.3 Outline how you could meet the dietary needs of the given individual by preparing a menu for one day