

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Shampoo and Condition Hair

Unit Reference Number: Y/615/8471

Level: Level One (1)

Credit Value: Four (4)

Minimum Guided Learning Hours: 40

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know how to work safely, effectively and hygienically when shampooing and conditioning hair	1.1 Identify and use protective clothing for <ul style="list-style-type: none"> a) The client b) Self
	1.2 Outline working methods that: <ul style="list-style-type: none"> a) Minimise the wastage of products b) Minimise the risk of cross-infection, infestation and offence to clients and colleagues c) Make effective use of working time d) Ensure the use of clean resources e) Ensure clients are correctly positioned to meet the needs of the service without causing discomfort f) Minimise the risk of harm or injury to self or others
	1.3 Describe contact dermatitis and the steps that can be taken to avoid it whilst carrying out hairdressing services
	1.4 Describe how personal and client positioning can affect the desired outcome and reduce fatigue and the risk of injury
	1.5 Outline the safety considerations which must be taken into account when shampooing and conditioning

	1.6	Outline the importance of personal hygiene
	1.7	Identify appropriate person to ask for help or report problems
2. Be able to shampoo hair and apply conditioner to hair	2.1	Identify products and tools suitable to carry out stylists' instructions
	2.2	Outline the importance of evenly distributing shampoo
	2.3	State how conditioning and treatment products should be applied to hair
	2.4	For both shampooing and conditioning: <ul style="list-style-type: none"> a) Use suitable massage techniques b) Adapt the water temperature, flow and direction to suit the needs of the client's hair c) Remove excess moisture from the hair d) Detangle the client's hair without damage to the hair and scalp
	2.5	For both shampooing and conditioning remove excess water from hair without disturbing the direction of the cuticle
3. Know techniques of shampooing and conditioning	3.1	State the direction in which the hair cuticle lies and its importance when disentangling wet hair
	3.2	Outline the effects of water temperature on the scalp
	3.3	Describe how shampoo and water act together to cleanse the hair
	3.4	Outline how the build-up of products can affect the hair, scalp and effectiveness of other services
	3.5	Demonstrate the following techniques <ul style="list-style-type: none"> a) Rotary b) Effleurage c) Petrissage