

# Qualification Unit

This unit forms part of a regulated qualification.

**Unit Title:** Alcohol Awareness

**Unit Reference Number:** J/615/8658

**Level:** Level One (1)

**Credit Value:** Three (3)

**Minimum Guided Learning Hours:** 27

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know about differences in unit strengths	1.1 List alcoholic drinks
	1.2 State the unit strength of different alcoholic drinks
2. Know about the health issues associated with alcohol misuse	2.1 List the psychological effects of alcohol misuse
	2.2 List the physical effects of alcohol misuse
	2.3 List ways in which alcohol misuse can impact on health
3. Know about the effects of alcohol misuse	3.1 Identify reasons why people may misuse alcohol
	3.2 State an effect that alcohol misuse can have on the following: a) family b) friends c) society
	3.3 List the effects of withdrawing from alcohol
4. Know about agencies offering help and information about alcohol misuse	4.1 Identify sources of help and information in relation to alcohol abuse