# Open Awards Qualification Unit

This unit forms part of a regulated qualification.

## 1 Unit Details

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| Unit Title: | Changing Roles and Relationships in Adolescence |
| Unit Reference Number: | H/615/7081 |
| Level: | Level 1 |
| Credit Value: | 3 |
| Minimum GLH: | 27 |

## 2 Learning Outcomes and Criteria

| Learning Outcome (The Learner will): | Assessment Criterion (The Learner can): |
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| 1. Know about the changing role/relationship of parents' with a child/teenager as they get older | 1.1 State how own role has changed as the child or teenager has developed |
| | 1.2 State how they feel about their changing role |
| 2. Know about the changes that a young person goes through during adolescence | 2.1 List developmental changes in a young person |
| | 2.2 State how the changes listed have affected the young person's behaviour |
| | 2.3 Outline internal and external pressures experienced by adolescents |
| 3. Know about issues that can cause conflict | 3.1 Compare a conflict of needs with a conflict of values |
| | 3.2 List personal values |
| | 3.3 Give an example of:<br>a) a value that is non-negotiable<br>b) a value that is negotiable |
| 4. Know about issues of power and authority | 4.1 State how family dynamics have changed with a teenager in the household |
| | 4.2 List the benefits and pitfalls of sharing power with a teenager |
| | 4.3 State the importance of trust |

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