

# Open Awards Qualification Unit



This unit forms part of a regulated qualification.

## 1 Unit Details

Unit Title:	Career Planning
Unit Reference Number:	T/615/7070
Level:	Level 1
Credit Value:	3
Minimum GLH:	27

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know own strengths, qualities, skills and abilities	1.1 Give an example of each own strengths, qualities, skills and abilities
	1.2 Identify an area of weakness
	1.3 State why this area of weakness needs to be improved
2. Know where to find sources of information, advice and guidance for career planning	2.1 Identify sources of help or information in relation to career planning
	2.2 Identify a source of relevant information for own career planning
3. Understand how own abilities relate to progression opportunities	3.1 Identify different progression opportunities
	3.2 Outline how own attributes relate to the requirements of each opportunity
4. Know how to plan for transition to the next stage of education, training or work	4.1 Produce a simple career action plan
	4.2 Produce an application to the next stage of own education, training or work