

Open Awards Qualification Unit



This unit forms part of a regulated qualification. Click [here](#) to view qualifications.

1 Unit Details

Unit Title:	Providing Personal Care to Support Individuals to Eat and Drink
Unit Reference Number:	A/615/9211
Level:	Level 2
Credit Value:	3
Minimum GLH:	24

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know about the social and cultural purposes/norms of eating and drinking	1.1 Explain how eating and drinking serves a social purpose
	1.2 Explain why care workers need to know about the cultural norms of eating and drinking
2. Know the importance of assessing the individual's needs for eating and drinking	2.1 Discuss areas for consideration when assessing the individual's eating/drinking needs
	2.2 Explain why it is important for individuals to be as self-managing as possible
	2.3 Discuss why reluctance to eat and drink should be reported
3. Understand the importance of enabling informed choice in eating and drinking	3.1 Explain the importance of choice in eating and drinking to individuals
	3.2 Discuss what choice may be offered
	3.3 Explain how personal beliefs and preferences can influence choice in eating and drinking
4. Understand the importance of supporting individuals with eating and drinking	4.1 Describe the different types of help that might be offered to individuals to support them with eating and drinking
	4.2 Explain how support can affect meal times

	4.3	List the different types of equipment that might help an individual
	4.4	Describe what eating and drinking difficulties should be reported and recorded
5. Know how the environment affects eating and drinking	5.1	Describe how body position needs to be considered when eating and drinking
	5.2	Describe why the environment is important when eating and drinking
6. Understand the importance of personal hygiene and dignity needs during eating and drinking	6.1	Describe why an individual's personal hygiene and dignity needs considering during eating and drinking
	6.2	Explain how these needs may be met
	6.3	Explain what other hygiene measures need to be taken into account when preparing and serving food