

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

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| Unit Title: | Healthy, Safety and First Aid at Work |
| Unit Reference Number: | R/615/7061 |
| Level: | Level 1 |
| Credit Value: | 3 |
| Minimum GLH: | 27 |

2 Learning Outcomes and Criteria

| Learning Outcome (The Learner will): | Assessment Criterion (The Learner can): |
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| 1. Know about the health and safety requirements of own workplace surroundings | 1.1 Identify major hazards in the workplace |
| | 1.2 Outline safety procedures in the workplace |
| | 1.3 Outline safe working practices in the workplace |
| 2. Know about the main elements of Control of Substances Hazardous to Health (COSHH) | 2.1 Identify the main COSHH regulations for the workplace |
| | 2.2 Identify the consequences of not applying these regulations |
| 3. Know how to prevent common accidents at work | 3.1 Identify causes for a range of common accidents at work |
| | 3.2 Outline ways of preventing a range of common accidents at work |
| 4. Be able to respond to first aid incidents | 4.1 Demonstrate first aid treatments for use in dealing with simple accidents |
| | 4.2 State when and how to call for emergency assistance |
| 5. Be able to recognise respiratory and cardiac arrest | 5.1 State how to recognise situations of respiratory and cardiac arrest |
| 6. Be able to demonstrate resuscitation techniques and the recovery position | 6.1 Demonstrate resuscitation techniques in accordance with national guidelines |

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| | 6.2 | Demonstrate the recovery position in accordance with national guidelines |
| 7. Be able to safely handle and move inanimate loads | 7.1 | Demonstrate safe practice in the following areas: a) pushing and pulling b) supporting c) carrying a load |
| | 7.2 | Identify when a moving and handling procedure should be stopped and help or guidance should be obtained |