

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Assertiveness and Decision Making

Unit Reference Number: R/615/7027

Level: One (1)

Credit Value: Three (3)

Minimum Guided Learning Hours: 27

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to speak up for themselves in a structured situation	1.1 Make a strong case for themselves in a structured and supported situation
	1.2 Make own positive decisions
	1.3 Make own choices
2. Be able to demonstrate that they know about the rights and responsibilities of self and others	2.1 Demonstrate that they can recognise own rights and responsibilities
	2.2 Demonstrate that they can recognise the rights and responsibilities of others
3. Be able to use negotiation skills to achieve a desired outcome	3.1 Use own negotiation skills to achieve a desired outcome
	3.2 State how they can improve their negotiation skills
4. Know about the implications and benefits of assertiveness	4.1 Identify situations in which assertiveness can be used to achieve the desired outcome
	4.2 List the benefits of being assertive