

# Open Awards Qualification Unit



This unit forms part of a regulated qualification.

## 1 Unit Details

Unit Title:	Personal Care and Hygiene
Unit Reference Number:	A/615/6793
Level:	Entry 2
Credit Value:	3
Minimum GLH:	30

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the need for personal hygiene	1.1 Identify why bathing or showering is part of a regular personal routine
	1.2 Identify other personal hygiene routines
2. Know the uses of toiletry products	2.1 Identify two examples of toiletry products
	2.2 Select two items for personal use
3. Recognise the need for regular changes of clothes	3.1 Identify why clothes should be changed and washed regularly
	3.2 Identify a routine for changing underwear
4. Know the importance of oral health	4.1 Identify why oral health is important
	4.2 Give two examples of oral care products
	4.3 Identify when and how teeth should be cleaned