

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Looking after Yourself and Your Home

Unit Reference Number: F/615/6780

Level: Entry Level Two (2)

Credit Value: One (1)

Minimum Guided Learning Hours: 10

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Review progress towards looking after themselves and their home	1.1 Identify two important areas of looking after themselves and two areas of looking after their home
	1.2 Identify confident and less confident areas
	1.3 Identify where to get ongoing guidance and advice