

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Personal Care and Hygiene
Unit Reference Number:	M/615/6936
Level:	Entry 1
Credit Value:	3
Minimum GLH:	30

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the need for personal hygiene	1.1 Identifying why bathing or showering is part of a regular personal routine
2. Know the uses of toiletry products	2.1 Identify an example of a toiletry product
	2.2 Select an item from given products for personal use
3. Recognise the need for regular changes of clothes	3.1 Identify why clothes should be changed and washed regularly
4. Know the importance of oral health	4.1 Identify why oral health is important
	4.2 Select an item from given products for personal use
	4.3 Identify when and how teeth should be cleaned