

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Looking after Yourself and Your Home
Unit Reference Number:	L/615/6927
Level:	Entry 1
Credit Value:	1
Minimum GLH:	10

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Review progress towards looking after themselves and their home	1.1 Identify an area of looking after themselves and their home that they are confident in
	1.2 Identify an area of looking after themselves and their home that they are less confident in
	1.3 Identify where to get ongoing guidance and advice