Open Awards Qualification Unit

This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Taking Part in Sport
Unit Reference Number:	M/615/6354
Level:	Entry 3
Credit Value:	3
Minimum GLH:	30

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to take part in team sports	1.1 Take part in a range of team sports
	1.2 Wear appropriate clothing for each of the team sports
	1.3 Follow the rules of each of the team sports
	1.4 Use correct equipment for each of the sports
	1.5 Demonstrate safe practice when taking part in team sports
2. Be able to take part in individual sports	2.1 Take part in a range of individual sports
	2.2 Wear appropriate dress for each of the individual sports
	2.3 Follow the rules of each of the individual sports
	2.4 Use correct equipment for each of the sports
	2.5 Demonstrate safe practice when taking part in individual sports
3. Be able to review own performance	3.1 Identify own strengths when participating in sport
	3.2 Identify areas for improvement

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