Changing lives through learning

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Confident Participation

Unit Reference Number: Y/615/6736

Level: Entry Level Three (3)

Credit Value: Two (2)

Minimum Guided Learning Hours: 20

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Have an understanding of reasons for feeling confident and lacking confidence	1.1 Identify a situation in which confidence was felt and identify behaviours linked to the situation
	1.2 Identify a situation when confidence was lacking and identify behaviours linked to the situation
	1.3 Give an example of how a lack of confidence was felt
	1.4 Identify ways in which own behaviour can influence ways in which they are viewed by others
2. Have an understanding of effective participation in social situations	2.1 Identify and give reasons for social situations which make them feel uncomfortable
	2.2 Give an example of behaviour which would be inappropriate in a social situation
	2.3 Identify ways in which a person could change their attitude and behaviour in social situations to participate more effectively

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