

# Qualification Unit

This unit forms part of a regulated qualification.

**Unit Title:** Understanding Substance Misuse

**Unit Reference Number:** H/615/6674

**Level:** Level One (1)

**Credit Value:** Two (2)

**Minimum Guided Learning Hours:** 18

Learning Outcome (The Learner will):		Assessment Criterion (The Learner can):	
1. Know about substances that people misuse	1.1	Give examples of legal substances that people misuse	
	1.2	Identify dangers associated with legal highs	
	1.3	Give examples of illegal substances that people misuse	
	1.4	State why illegal substances may vary in quality and potency	
2. Know about effects of substance misuse on the individual	2.1	Give examples of reasons why people misuse substances	
	2.2	List consequences of substance misuse on the body	
	2.3	Outline differences between psychological and physical drug dependency	
	2.4	List the possible sentences for drug related offences, giving the reasoning behind the sentences	
3. Know about the effects of substance misuse on others	3.1	Identify examples of the impact of substance misuse on personal relationships	
	3.2	Outline the impact of substance misuse on: a) Friends/Family b) Work c) Society	

4. Know methods to deal with substance misuse	4.1	Identify sources of information and support in relation to substance misuse
	4.2	Give examples of how individuals can avoid returning to substance misuse