

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Preparing, Presenting and Keeping Food for Children

Unit Reference Number: J/615/6375

Level: Entry Level Three (3)

Credit Value: Three (3)

Minimum Guided Learning Hours: 30

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know how to prepare food safely hygienically	1.1 Prepare a meal for a child safely and hygienically
	1.2 Give an example of a health and safety regulation which applies to preparing or keeping food
2. Know how to store food safely and hygienically	2.1 Demonstrate how items of food should be stored
	2.2 Choose ingredients which are within their use by dates
3. Know how to prepare nutritious food	3.1 Draw up menus for children of different ages from a given list
	3.2 Prepare a nutritious meal for using one of the menus
4. Know how to present food in a way that is attractive to children and young people	4.1 Use menus and illustrations to present attractive food
	4.2 Prepare and present a meal which might appeal to children and/or young people