

# Qualification Unit

This unit forms part of a regulated qualification.

**Unit Title:** Understanding Human Growth and Development

**Unit Reference Number:** A/615/6373

**Level:** Entry Level Three (3)

**Credit Value:** Three (3)

**Minimum Guided Learning Hours:** 30

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the sequence of growth and development from birth to old age	1.1 Identify key changes in a person's physical appearance, physical abilities and cognitive abilities from birth to old age
2. Know some of the factors that affect growth and development	2.1 Identify factors of diet and exercise that affect growth and development
3. Understand that different experiences affect emotional or social development	3.1 Identify links between experience and emotional or social development
4. Know some of the ways in which a carer can aid the development of communication/language skills	4.1 Identify three ways in which a carer can help develop communication/language skills