Changing lives through learning

# Qualification Unit

This unit forms part of a regulated qualification.

**Unit Title:** Understanding Human Growth and Development

**Unit Reference Number:** A/615/6373

**Level:** Entry Level Three (3)

**Credit Value:** Three (3)

**Minimum Guided Learning Hours:** 30

| Learning Outcome (The Learner will): | Assessment Criterion (The Learner can): |
|---|---|
| 1. Understand the sequence of growth and development from birth to old age | 1.1 Identify key changes in a person's physical appearance, physical abilities and cognitive abilities from birth to old age |
| 2. Know some of the factors that affect growth and development | 2.1 Identify factors of diet and exercise that affect growth and development |
| 3. Understand that different experiences affect emotional or social development | 3.1 Identify links between experience and emotional or social development |
| 4. Know some of the ways in which a carer can aid the development of communication/language skills | 4.1 Identify three ways in which a carer can help develop communication/language skills |

The intellectual property rights remain with Open Awards.