Open Awards Qualification Unit

This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Personal Development
Unit Reference Number:	T/615/6372
Level:	Entry 3
Credit Value:	3
Minimum GLH:	30

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to recognise own skills	1.1 List own personal strengths
	1.2 List own weaknesses
	1.3 List personal skills learned in a range of situations
2. Know about their role models	2.1 Describe own current life situation
	2.2 Identify a role model from own friends or family
	2.3 Identify a role model from outside of own friends or family
	2.4 Give a reason why these people are role models
3. Be able to make positive decisions	3.1 Identify the reasons for making a choice in a given situation
	3.2 Make simple choices in a positive and constructive manner
4. Be able to identify personal goals	4.1 Identify own personal short-term goals
	4.2 State how these might be achieved

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