Open Awards Qualification Unit

This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Making the Most of Leisure Time
Unit Reference Number:	M/615/5690
Level:	Entry 1
Credit Value:	2
Minimum GLH:	20

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Recognise local leisure facilities	1.1 Identify three different leisure facilities in their local area
2. Be able to take part in leisure activities	2.1 Take part in a leisure activity that is relevant to them
	2.2 Identify the benefits to themselves of taking part in the activity
	2.3 Identify what they liked about the activity

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