

# Qualification Unit

This unit forms part of a regulated qualification.

**Unit Title:** Anger Management

**Unit Reference Number:** Y/615/5666

**Level:** Entry Level One (1)

**Credit Value:** One (1)

**Minimum Guided Learning Hours:** 10

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know the effects of anger	1.1 Identify a minimum of 2 substances that may be misused
2. Be able to use an anger management technique	2.1 Identify a possible effect of abusing a given substance
	2.2 Point out what they can do to reduce anger