

# Open Awards Qualification Unit



This unit forms part of a regulated qualification.

## 1 Unit Details

Unit Title:	Developing Assertiveness
Unit Reference Number:	A/615/5790
Level:	Entry 2
Credit Value:	2
Minimum GLH:	20

## 2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Recognise key implications and benefits of assertiveness	1.1 State a situation in which assertiveness can be used to achieve a desired outcome
	1.2 State a benefit of being assertive
2. Understand ways of being assertive in a given situation	2.1 State a situation in which they may need to be assertive
	2.2 State a way to address the situation
	2.3 State the importance of self-control when being assertive