

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Make a Meal

Unit Reference Number: Y/615/5716

Level: Entry Level One (1)

Credit Value: Three (3)

Minimum Guided Learning Hours: 30

Learning Outcome (The Learner will):		Assessment Criterion (The Learner can):	
1.	Know the basic hygiene rules of the kitchen	1.1	Wash hands before food preparation
		1.2	Assist in maintaining a clean working environment
2.	Be able to select ingredients to make a meal	2.1	Participate in an activity to identify ingredients
3.	Be able to prepare ingredients	3.1	Follow instructions to prepare an ingredient
4.	Know how to use utensils safely	4.1	Identify how to use a utensil safely
		4.2	Use a utensil
5.	Know how to use a cooker safely	5.1	Follow instructions to use a cooker for a defined purpose
		5.2	State a safety rule when using a cooker
6.	Be able to serve a meal	6.	Assist in serving a meal