

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Performing Physical Theatre
Unit Reference No.:	K/615/5185
Level:	Level 2
Credit Value:	3
Minimum GLH:	24

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):		Assessment Criterion (The Learner can):	
1.	Be able to understand and apply health and safety requirements for physical theatre.	1.1	Identify and apply health and safety rules for physical theatre.
2.	Be able to lead warm up and trust exercises	2.1	Lead a physical warm up activity
		2.2	Describe the importance of physical warm up activities
		2.3	Lead a trust building exercise
		2.4	Describe the importance of trust building exercises
3.	Be able to use controlled movements for physical theatre	3.1	Perform movements given in a clear and controlled manner applying: <ul style="list-style-type: none"> a) Focus and concentration b) Balance and spatial awareness
		3.2	Describe the following physical theatre techniques <ul style="list-style-type: none"> a) Mime b) Gesture c) Status d) Proximity e) Stance f) Mask work g) Motif
4.	Be able to choreograph simple physical performance sequences	4.1	Apply an original order to a sequence of given moves

		4.2 Create links between the given moves
		4.3 Perform a sequence which demonstrate an awareness of the audience
5.	Be able to review own performance	5.1 Collate feedback and assess own performance to identify: a) Strengths b) Areas for improvement.