

Open Awards Qualification Unit



This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Performing Physical Theatre
Unit Reference Number:	A/615/5160
Level:	Level 1
Credit Value:	3
Minimum GLH:	27

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand health and safety measures relating to physical theatre	1.1 Outline health and safety rules for physical theatre
2. Be able to engage safely in physical theatre	2.1 Complete physical warm up activities safely under instruction.
	2.2 Identify the importance of physical warm up activities to safe practice
	2.3 Complete trust building exercises safely under construction
	2.4 Identify the importance of trust building exercises to safe practice
3. Be able to undertake basic movement for physical theatre	3.1 Move in a controlled manner
	3.2 Perform given moves correctly and with confidence
4. Be able to choreograph simple physical performance sequences	4.1 Arrange simple given moves in a sequence
	4.2 Link moves together smoothly
	4.3 Perform sequence safely and effectively
	4.4 Comment on own performance
5. Be able to give and receive feedback on performance	5.1 Demonstrate giving and receiving constructive feedback

6. Know how to reflect on own work

6.1 Outline and comment on own performance