Open Awards Qualification Unit

Form OAQU

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1 Unit Details

Unit Title:	Preparing for the Coaching Role
QAC Code:	Y/507/8979
Level:	4
Credit Value:	3
Minimum GLH:	15

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand own role and responsibilities in relation to coaching	1.1 Analyse the skills and qualities required for a specific coaching role
	1.2 Explain how own values, behaviours, attitudes and emotional awareness can impact on the coaching role
	1.3 Explain why it is important to establish ground rules for engagement and boundaries in a coaching relationship
	1.4 Explain the importance of acting according to ethical and professional standards in a coaching relationship
	1.5 Analyse ways of building a relationship with a client in a coaching role
2. Understand the use of coaching in a specific context	2.1 Analyse the benefits of coaching in a specific context
	2.2 Analyse the impact of coaching on individual learning and development

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	2.3	Explain legal and organisational requirements in a specific context relating to: a) Data protection b) Privacy c) Confidentiality d) Safeguarding and disclosure
	2.4	Identify sources of support to deal with issues which are outside own expertise or authority
	2.5	Explain what constitutes a safe and comfortable environment for a coaching session
3. Understand how to identify client goals and outcomes	3.1	Analyse ways of identifying and agreeing outcomes and goals with clients
	3.2	Explain the role of a coaching agreement
	3.3	Explain the importance of agreeing with the client records of interaction and progress towards agreed objectives and goals
	3.4	Analyse client responsibility and autonomy for making changes

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