Open Awards Qualification Unit

Form OAQU

This unit forms part of a regulated qualification.

1 Unit Details

Unit Title:	Manual Handling, Lifting and Moving
QAC Code:	K/615/1122
Level:	1
Credit Value:	1
Minimum GLH:	8

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand how to prepare for handling and lifting loads	1.1 Explain the process for identifying if loads are safe to move
	1.2 Explain the reasons for planning a route when moving loads
2. Understand procedures and instructions for handling and lifting loads	2.1 Explain the relevant health and safety regulations for the safe handling and movement of loads
	2.2 Identify the consequences of using unsafe loading and handling techniques to self and others
	2.3 Give examples of safe handling techniques
	2.4 Demonstrate safe and approved handling techniques when moving loads

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