

Open Awards Qualification Unit



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1 Unit Details

Unit Title:	Introduction to Counselling
Unit Reference Number:	J/507/6709
Level:	Level 2
Credit Value:	3
Minimum GLH:	15

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Understand the differences between counselling, counselling skills and other helping activities	1.1 Differentiate between counselling, counselling skills and other helping activities
2. Understand the role of professional frameworks or codes of ethics/practice/conduct	2.1 Identify codes of frameworks that govern the practice or conduct of a profession
	2.2 Describe the importance of a framework or code in counselling
3. Know about the core personal qualities that enable the competent and ethical use of counselling skills	3.1 Identify core qualities that enable competent counselling or use of counselling skills
	3.2 Describe core personal qualities that are important when counselling or using counselling skills
4. Know about basic counselling skills	4.1 Identify basic counselling skills
	4.2 Describe basic counselling skills
5. Be able to demonstrate counselling skills	5.1 Demonstrate basic counselling skills
6. Be able to engage in constructive feedback	6.1 Demonstrate receiving constructive feedback
	6.2 Demonstrate giving constructive feedback

7. Understand the importance of confidentiality in counselling

7.1 Describe the importance of confidentiality in counselling

7.2 Identify the limits to confidentiality