

Qualification Unit

This unit forms part of a regulated qualification.

Unit Title: Health Psychology

Unit Reference Number: F/507/6725

Level: Level Two

Credit Value: Three (3)

Minimum Guided Learning Hours: 24

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Know about the role of psychology in health	1.1 Define the term 'health' in relation to psychology
	1.2 Compare own definition of health to the World Health Organisation definition of health
	1.3 Give examples of links between personality and health
2. Know about the medical model approach to health	2.1 Describe the medical model approach to health
	2.2 Describe the advantages and disadvantages of the medical model approach to health
3. Know about the bio-psycho-social approach to health	3.1 Describe bio-psycho-social approach to health
	3.2 Describe the advantages and disadvantages of the bio-psycho-social approach to health