

# Open Awards Qualification Unit



This unit forms part of a regulated qualification. Click [here](#) to view qualifications.

## 1 Unit Details

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|------------------------|--|
| Unit Title:            | Changing Roles and Responsibilities in Adolescence |
| Unit Reference Number: | H/507/6748   |
| Level:                 | Level 2  |
| Credit Value:          | 3  |
| Minimum GLH:           | 24   |

## 2 Learning Outcomes and Criteria

| Learning Outcome (The Learner will):   | Assessment Criterion (The Learner can):   |
|--|---|
| 1. Understand the changing roles and relationships of parents' with their child as they grow older | 1.1 Explain why a parent's roles and relationships change as a child grows older                      |
|  | 1.2 Identify ways in which own role has changed   |
| 2. Know about the changes that a young person goes through during adolescence                      | 2.1 Describe developmental changes that a young person goes through during adolescence                |
|  | 2.2 Explain how these changes have affected a young person's behaviour                                |
| 3. Understand the pressures that families with adolescents can experience                          | 3.1 Describe internal and external pressures experienced by families with adolescents                 |
|  | 3.2 Describe internal and external pressures experienced by adolescents                               |
|  | 3.3 Give examples of coping strategies that can be used to alleviate some of the identified pressures |
| 4. Understand issues that can cause conflict   | 4.1 Explain the difference between a conflict of needs and conflict of values                         |
|  | 4.2 Give an example of each type of conflict  |
|  | 4.3 Explain how these conflicts could be addressed  |
| 5. Understand issues of power and authority  | 5.1 Explain why an emerging young adult in the household affects family dynamics                      |

5.2 Explain what is meant by 'power sharing'

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5.3 Explain the part negotiation can play in 'power sharing'

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5.4 Give examples of gains and losses in 'letting go' and 'trusting'