Open Awards Qualification Unit

This unit forms part of a regulated qualification. Click **here** to view qualifications.

1 Unit Details

Unit Title:	Support Individuals to meet Personal Care Needs
Unit Reference Number:	T/507/6771
Level:	Level 2
Credit Value:	2
Minimum GLH:	16

2 Learning Outcomes and Criteria

Learning Outcome (The Learner will):	Assessment Criterion (The Learner can):
1. Be able to work with individuals to identify their needs and preferences in relation to personal care	1.1 Encourage an individual to communicate their needs, preferences and personal beliefs affecting their personal care
	1.2 Establish the level and type of support an individual needs for personal care
	1.3 Agree with the individual how privacy will be maintained during personal care
2. Be able to provide support for personal care safely	2.1 Support the individual to understand the reasons for hygiene and safety precautions
	2.2 Use protective equipment, protective clothing and hygiene techniques to minimise the risk of infection
	2.3 Explain how to report concerns about the safety and hygiene of equipment or facilities used for personal care
	2.4 Describe ways to ensure the individual can summon help when alone during personal care
	2.5 Ensure safe disposal of waste materials
3. Be able to support individuals to use the toilet	3.1 Provide support for the individual to use toilet facilities in ways that respect dignity

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		3.2	Support individual to make themselves clean and tidy after using toilet facilities
4.	Be able to support individuals to maintain personal hygiene	4.1	Ensure room and water temperatures meet individual needs and preferences for washing, bathing and mouth care
		4.2	Ensure toiletries, materials and equipment are within reach of the individual
		4.3	Provide support to carry out personal hygiene activities in ways that maintain comfort, respect dignity and promote active participation
5.	Be able to support individuals to manage their personal appearance	5.1	Provide support to enable individuals to manage their personal appearance in ways that respect dignity and promote active participation
		5.2	Encourage the individual to keep their clothing and personal care items clean, safe and secure
6.	Be able to monitor and report on support for personal care	6.1	Seek feedback from the individual and others on how well support for personal care meets the individual's needs and preferences
		6.2	Monitor personal care functions and activities in agreed ways
		6.3	Record and report on an individual's personal care in agreed ways

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